

2021 Spring Fling

Saturday, May 1, 2021

(updated 4/26/21)

Second Empire 5k Run/Walk



We are offering 2 race options this year.

1. **In-person event on Trinity's Cross-Country course**

With COVID-19 precautions in mind, we will be offering 4 staggered starts. [CLICK HERE](#) to see a map of the course and a time-lapse video.

In-Person Race Day Schedule:

- 8:00 am **5K Wave 1** (50 people)
 - 8:15am **1-mile Fun Run** (4 laps, Trinity track) -20 kids, 5th grade and below
 - 8:35am **Kids' Dash** (100-yard dash on soccer field) – 20 kids, 6 and under
- 9:00 am **5K Wave 2** (50 people)
 - 9:15am **1-mile Fun Run** (4 laps, Trinity track) -20 kids, 5th grade and below
 - 9:35am **Kids' Dash** (100-yard dash on soccer field) – 20 kids, 6 and under
- 10:00 am **5K Wave 3** (50 people)
 - 10:15am **1-mile Fun Run** (4 laps, Trinity track) -20 kids, 5th grade and below
 - 10:35am **Kids' Dash** (100-yard dash on soccer field) – 20 kids, 6 and under
- 11:00 am **5K Wave 4** (50 people)
 - 11:15am **1-mile Fun Run** (4 laps, Trinity track) -20 kids, 5th grade and below
 - 11:35am **Kids' Dash** (100-yard dash on soccer field) – 20 kids, 6 and under

NO RACE DAY PACKET PICKUP. Pick up will be Friday, April 30.

2. **Virtual 5K – you choose your course (neighborhood, park, lake, etc.)**

Like last year, you can run at the location and time of your choice. Record your time and send it to us [here](#).

The Trinity class with the largest percent participation in the race (in-person and virtual both count) will celebrate with a pizza party and a Black and Gold Day!

To participate, REGISTER [HERE](#) (Shirts guaranteed for registrations on or before April 15)

5k Run/Walk (In-person or Virtual) - \$30*

1 Mile Fun Run - \$20*

Kids' Dash - \$15*